



Warm Up & Technical Skill Assessment

Teacher's Assessment Peer Assessment Self Assessment

Student Name Olivia Brand Date 5/28/19

Select one per description (C = Commendable P = Proficient D = Developing)

	C	P	D
1. The location & physical set up is conducive to a healthy learning environment <i>(use of chair, music stand, lighting, free of distractions)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. The student's ability to establish proper posture at the start of the warm-up session is: <i>(sitting, standing, alignment)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. The student's attention on creating a good tone at beginning of the warm up is: <i>(volume level, long tones, rolls, reduction of fret buzz, finger placement, breath, resonance)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. The student's choice of material for the development of flexibility and strength is: <i>(slurs, rudiments, shifting exercises, fingering drills, scale patterns, hand dexterity, range)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. The student's choice of material for the development of articulation is: <i>(scale patterns, tonguing, picking, accents, bow strokes, pedal, diction)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. The student's ability to utilize a logical sequence of exercises during the warm up is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. The student's ability to warm-up for an appropriate length of time is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. The student's ability to utilize a consistent warm up routine for each practice session is : <i>(Warm ups will only vary slightly as new technical routines are added)</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. The student's ability to remain on task and focused when warming up is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. The student's ability to play with an even tempo using a metronome is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. The student's ability to go back and repeat technical skill challenges is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. The student's ability to utilize a variety of techniques to master challenges is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. The student displays a degree of persistence during technical skill development:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. The student's ability to add new technical elements to the practice session is:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Clear overarching goals motivate the warm-up and technical skill session:	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

15 Total of 75 Points

Comments/Observations:

Areas of Strength:

Areas of Needed Improvement:

I feel my warm-up habits have been very successful this semester